



FARM IN THE DELL CSA PROGRAM

2024 | Frequently Asked Questions

1. WHAT IS A CSA PROGRAM?

- Community Supported Agriculture (CSA) is a farming model that allows consumers to buy shares of a farm's harvest in advance. Shareholders pay for produce up front at the start of the season – providing the farm with the immediate income necessary to purchase seed and begin the growing season.
- In return, members receive a variety of freshly picked vegetables every week. Consumers eat healthy, locally-produced food and have the satisfaction of knowing where it came from and how it was grown – strengthening their connection to the land and to the farmers who feed them.

2. WHAT IS FARM IN THE DELL OF THE RED RIVER VALLEY?

- Farm in the Dell of the Red River Valley is a non-profit organization that “transforms disabilities into abilities” by providing meaningful employment and life experiences in a community farm setting for individuals with developmental disabilities.

3. WHAT CSA OPTIONS DOES FARM IN THE DELL OFFER?

- We offer CSA shares that fit different budgets and family sizes:
 - **Full Share** – Produce: \$599 | feeds 3-4 people or 1-2 veggie lovers
 - **Half Share** – Produce: \$399 | feeds 1-2 people
 - **Flower Share** – \$150 | Learn more about our Flower CSA: farminthedellrrv.org/flowercsa
- You can choose your pickup day/time/location:
 - **Mondays** | 4:00 – 6:00pm, Farm in the Dell (7426 40th St. N. Moorhead)
 - **Tuesdays** | 5:00 – 6:00pm, Scheels Home and Hardware (3202 13th Ave S, Fargo)
 - **Tuesdays** | 5:00 – 6:00pm, Salem Evangelical Free Church (1111
 - **Fridays** | 9:30 – 11:30am, Farm in the Dell (7426 40th St. N. Moorhead)
- Weather permitting, the 2024 CSA program will run the week of July 8 through the week of September 16. We will send out a reminder email prior to your first pick-up!

4. WHEN WILL REGISTRATION OPEN FOR THE 2024 CSA SEASON?

- Registration opens for 2023 shareholders on February 1 and for the community on March 1.

5. HOW DO I SIGN UP FOR A CSA SHARE?

- Register online at farminthedellrrv.org/csa or contact our team at **218.277.3766** or cerbele@fidrrv.com and we would be happy to get you signed up.
- Pay by card at the time of sign up – or mail a check to: Farm in the Dell | PO Box 975, Moorhead, MN 56561

6. I JUST SIGNED UP FOR A CSA SHARE – NOW WHAT?

- Welcome! We are so grateful that you are a part of Farm in the Dell's CSA program. Your involvement is helping to transform the lives of our Garden Engineers – our employees with disabilities – and to ensure that the farm is able to serve our community for years to come.
- Starting in early summer, we will communicate any CSA updates via the email address you provide at sign-up. Additionally, you will have access to our CSA Member web page, which will feature recipes and other exclusive updates.

7. HOW DO I GET THE MOST OUT OF MY CSA SHARE?

- **Mark your calendars for your scheduled pick-ups days and locations.** We want to make sure that you receive your weekly produce! On any given week, if you can't make it to your scheduled pick-up, we encourage you to send someone in your place - see #9 on the next page for more details.
- **Attend our special events throughout the growing season,** scheduled exclusively for our CSA shareholders. Each year, shareholders are invited to our Strawberry U-Pick Days in June and our Bonus Produce Days in September. If we add additional events throughout the season, we will communicate with shareholders via email and website.
- **We encourage you to pick up your weekly produce at Farm in the Dell!** This will help you to connect even further with the farm where your produce is grown! You will have the opportunity to tour the gardens and have direct contact with our Garden Team, allowing you to learn and ask questions.
- **Try our provided recipes!** Select recipe cards are available at CSA pickup – otherwise, an online directory of recipes featuring our produce items is available online: farmithedellrrv.org/recipes
- **Follow us on social media!** While no crucial CSA information will be delivered via social media, following us on Facebook, Instagram, and LinkedIn will give you a deeper connection to our mission and offerings: [@farminthedellrrv](https://www.instagram.com/farminthedellrrv)

8. WHAT IS INCLUDED IN MY WEEKLY SHARE?

- We work hard to provide a variety of produce that allows our shareholders to enjoy their favorite veggies while also trying new things! Available produce varies based on what is in season and ready for harvest.
- Each week, we will have crates laid out with produce items, and you will have the opportunity to pick and choose which produce items you take (or don't). The quantity that you will take is dependent upon whether you signed up for a full or half share.
- At your first-ever pick up, we'll give you a Farm in the Dell tote that you can use to transport your produce each week.
- Below is a list of produce that we grow each season:
 - Beets
 - Broccoli
 - Cabbage
 - Carrots
 - Cauliflower
 - Cucumber
 - Green Beans
 - Herbs
 - Lettuce
 - Kale
 - Kohlrabi
 - Onions
 - Peas
 - Peppers
 - Potatoes
 - Pumpkins
 - Radishes
 - Strawberries
 - Sweet Corn
 - Swiss Chard
 - Squash
 - Tomatoes
 - Zucchini
 - And more!

9. WHAT IF I CAN'T PICK UP MY WEEKLY SHARE AT MY SCHEDULED TIME/LOCATION?

- We encourage you to send a trusted family member or friend to pick up your share on your behalf! It is **not** necessary to communicate with us if someone else will be picking up on your behalf – we simply ask that when they get there, they inform us whose share they are picking up.
- If a shareholder notifies us **a minimum of 48 hours prior to their scheduled pick-up** that they would like to pick up their share **later that same week at a different scheduled pick-up time/location**, we will do our best to accommodate those requests.
- Unfortunately, we are not able to accommodate change requests with less than a 48-hour notice.

10. WHAT HAPPENS IF I DON'T PICK UP MY SHARE AT ALL?

- If your share is **not** picked up by the end of your scheduled time slot (and we haven't received a 48-hour notice that you're picking up at a different scheduled time/location) your share will be forfeited for the week.
- But don't worry – your veggies will still be put to good use, most times going home with our Garden Engineers after their next shift!

11. CAN I SWITCH MY SCHEDULED TIME/LOCATION?

- As noted above, we are unable to accommodate week-to-week changes.
- However, if you'd like to switch your scheduled pick-up time/location for the remainder of the season, please let us know and we would be happy to get that switched for you.

12. CAN I GET A REFUND FOR MY CSA SHARE?

- Because CSA revenue provides the farm with the immediate income necessary to purchase seed and other supplies to begin the growing season, we are not able to accommodate refund requests **after May 1**.
- A unique characteristic of CSA programs is the concept of shared risk between the farm and its members – no matter what the season brings. Once the growing season officially kicks off – ***we are in this together***.

13. HOW CAN I PURCHASE ADDITIONAL PRODUCE?

- We work hard to make sure that you always receive at least the full value of your share, if not more. If you would like more produce, below are a few additional ways to get Farm in the Dell veggies:
 - **BONUS ITEMS:** Based on availability, we hope to have a few extra items available for shareholders to take at CSA pickups throughout the season. For the most part, these items will be offered on a first-come, first-serve basis.
 - **MARKET:** Visit our NEW Farm in the Dell Market, which will be open weekly during the growing season, weather permitting. For days/times and to learn more, visit: farminthedellrrv.org/market
 - **SPECIAL EVENTS:** Attend special events at the farm – many of which offer opportunities to purchase produce directly from the field, such as our U-Pick Days and our Table to Farm Dinner Series.
 - **FIND US AROUND TOWN!** We have regular booths at local markets around the FMWF community – we'd love to see you out and about!

14. I'M NEW TO THIS WHOLE CSA THING – WHAT DO I DO WITH ALL THE PRODUCE?

- We get it: you signed up for a CSA with the intention of recipe hunting each week and creating beautiful dishes with all your locally-grown veggies...but now that you have them, you're just not sure what to start.
- Never fear – we've compiled an extensive directory of easy, delicious recipes on our website! Each recipe features one or more ingredients that can be found in Farm in the Dell CSA shares throughout the season. The directory can be found online at: **farminthedellrrv.org/recipes**
- We will also have select recipe cards available at CSA pickup throughout the season.

15. IS THE CSA PRODUCE CONSIDERED “ORGANIC”?

- Though we make every effort to follow organic practices, Farm in the Dell is not a “certified organic” farm.
- We rely on natural materials to maintain soil fertility and practice natural methods of pest and disease control rather than relying on chemical pesticides and fungicides.

16. HOW CAN I GET MORE INVOLVED AT FARM IN THE DELL?

- There are many ways to support our mission! Below is a list of ways we encourage you to get involved:
 - Pray that our mission positively touches lives
 - Attend our seasonal events – learn more at: **farminthedellrrv.org/events**
 - Sign up to volunteer at the farm – learn more at: **farminthedellrrv.org/volunteer**
 - Donate much needed farm supplies – learn more at: **farminthedellrrv.org/donate**
 - Follow us on social media – **@farminthedellrrv**
 - Refer employees, volunteers, partners, etc. – send ideas to **cerbele@fidrrv.com**
 - Support our cause through a financial donation – **learn more at: farminthedellrrv.org/donate**

17. I NEED MORE HELP!

- For a full list of our farm rules and Code of Conduct – **visit farminthedellrrv.org**
- Feel free to reach out to our team – we'd love to help in any way we can:
 - Duane Cwikla, Garden Manager – **dcwikla@fidrrv.com** or 701.219.8122
 - Cathryn Erbele, Operations Lead – **cerbele@fidrrv.com** or 218.277.3766