



SAFETY TIPS & BEST PRACTICES

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In addition to our Code of Conduct and Farm Safety Rules, below is a list of tips and best practices that will help you have the best experience possible at the farm!

- **WATCH WHERE YOU STEP AND WHAT YOU PICK**

Farming in the great outdoors means that we share our space with critters of all shapes and sizes! You may find yourself encountering ants, wasps, bees, spiders, gnats, bugs, etc. out at the farm. Benadryl spray and cream is kept on-hand in our first aid kit if you happen to be bit/stung. We encourage visitors to bring bug spray – but we have more, if needed. *If you have severe/life threatening allergies to common farm allergens (bees, wasps, strawberries, etc.) and still choose to come to the farm, we ask that you understand/assume the risk of being in an outdoor environment and come prepared for your visit.*

- **DRESS FOR THE WEATHER – AND EXPECT TO GET A LITTLE DIRTY**

We encourage visitors to dress for the weather and arrive in appropriate attire for working outdoors in the dirt – including closed-toe footwear (**required** if you are working or volunteering in the barn or garden) long pants, and clothing that you don't mind getting a little dirty. We also encourage you to bring gloves, though we have some on hand, if needed.

- **PRACTICE SUN SAFETY**

We highly encourage the use of sun protection, including hats, sunglasses, breathable materials, light-colored clothing with long sleeves, and/or sunscreen. We encourage farm visitors to bring their own sunscreen to reapply during the day, but we have more, if needed.

- **STAY HYDRATED**

Water breaks are highly encouraged! Even if you're not feeling particularly thirsty, drinking plenty of water is key to staying in tip-top shape at the farm. We encourage farm visitors to bring their own water bottle, but we have more, if needed.

- **FIRST AID**

If you happen to get a minor injury, a first-aid kit is available in the barn – just ask a Farm in the Dell supervisor, and we would be happy to assist! *Please note that our first aid kit is not a substitute for professional medical attention.*

- **HANDWASHING**

Handwashing is crucial to the safety of our community! Individuals must wash their hands before and after working in the field, before handling produce/produce containers, and after using the restroom.

- **PHYSICAL ACTIVITY & ACCESSIBILITY**

We strive to provide accommodations that make our activities accessible to all – but please note that as a working farm, minimally your visit will most likely involve moving across gravel/dirt/uneven terrain, and some physical activity.